

Would you like a call companion?



“ The calls are such a comfort ”

If you are aged 75 or over and in need of companionship, we may be able to help.

As you get older it's not unusual to spend more time on your own, particularly if you've lost loved ones or your health isn't what it used to be.

We want you to know that Re-engage is here for you.

If you'd like a bit of extra company, we can match you with one of our friendly call companions. They love a good chat and they're great listeners too.

How it works

One of our call companions will phone you at a time that suits both of you, most likely once a week or twice a month.


The calls last for half an hour or so and you can chat about anything that interests you.

What's great is that the same volunteer phones you each time, so you can get to know each other and share stories and laughter – for as long as you both want.

The service is completely free and you don't have to continue with it if you decide it's not for you.

To be eligible for a call companion, you need to be:

- aged 75 or older
- in need of companionship
- at a stage in your life when you struggle to leave the house.



“ A good chat means the world ”

**To find out more call 0800 716 543
email us on info@reengage.org.uk
or visit www.reengage.org.uk**

Re-engage is a registered charity in England and Wales (1146149)
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