



# Volunteering at Re-engage

We would love you to be part of the team that's making life better for the oldest people in our communities. Volunteering at Re-engage can be an incredibly rewarding and useful experience.



We all have different reasons for getting involved but a lot of our volunteers have or have had older people in their lives who have brought them joy or who have experienced loneliness. Other volunteers are feeling the twinge of loneliness themselves as they settle into a new area, a new job or a new set of circumstances. Whatever your reason for reading this leaflet, we are here to make sure that all our volunteers are fully equipped to support the over 6,600 older people who attend our monthly gatherings across the United Kingdom.

## What we do

At Re-engage, we work within your local community to set up regular social gatherings for small groups of people over 75, on their own, and hoping to find new ways to get out and about that suit them at this time of life.

**Bringing generations together**

## What will you get from volunteering?

By volunteering with us you will have:

- The opportunity to make a real difference to the lives of older, isolated people in your local community
- Induction and training from your local member of staff
- Email/Telephone support from a staff member throughout your volunteering journey
- The chance to make new friends and feel connected with your local community.

We have volunteer roles right across the UK. They range from hosting an event in your home once or twice a year to working in the office every week. Take a look at the different roles below and see what you think might suit you best.

### 1. Join a group as a volunteer driver

Volunteer Drivers collect and accompany older people to a social gathering once a month. The monthly gathering will normally take place at another volunteer's home, and part of your role will be to liaise with other volunteers and older guests to finalise pick-up arrangements. We would like to ask you to commit to one Sunday afternoon per month on a regular basis.

### 2. Join a group as a volunteer host

Your role will be to host your local Re-engage group one to two times a year. You must be comfortable with inviting people into your home, and providing guests and other volunteers with refreshments. Group sizes vary but are generally between six and 12 people. We would like you to commit to one or two Sunday afternoons a year.

We need you to have:

- A downstairs toilet
- Easy access to your home (for example, not too many steps to your front door)

### 3. Run a group

We have over 900 groups across the country and they all depend on the passion, energy, and organisational abilities of our incredible team of Group Coordinators. Group Coordinators plan the monthly meet-ups and ensure that they run smoothly so that the older guests in the group are taken out each month.

### 4. Volunteer in the Re-engage London office.

### 5. Become a communications volunteer and help us reach more older people.

### 6. Join us as a fundraising volunteer and help us extend our work to end loneliness for more older people.

### 7. Join a group as a reserve volunteer driver.

If you like the sound of anything here and would like to get involved then why not move to the next step and get in touch either by giving us a call on our freephone number **0800 716 543**, or by taking a look at our website **[www.reengage.org.uk](http://www.reengage.org.uk)** where you can find much more information.

“ Being a volunteer driver with Re-engage isn't really like being a volunteer at all, it's a catch up with friends to eat cake and drink tea once a month! On a serious note, I've learnt through Re-engage that getting older can be a lonely experience and I know our guests really look forward to their monthly tea parties. I really enjoy listening to the guests stories and I know they really appreciate having someone to tell them to. The power of social connection is massively undervalued in our communities and I'm proud to volunteer with an organisation who is taking positive steps to address this. ”



## More information

If you have any questions or would like to have a chat about volunteering with us, please contact us.

Call our freephone number **0800 716 543**

Email **[info@reengage.org.uk](mailto:info@reengage.org.uk)**

Or you can visit our website **[www.reengage.org.uk](http://www.reengage.org.uk)**

Re-engage is a registered charity in England and Wales (1146149)  
and in Scotland (SCO39377)